



Arts syndrome

Arts syndrome is a disorder that causes serious neurological problems in males. Females can also be affected by this condition, but they typically have much milder symptoms.

Boys with Arts syndrome have profound sensorineural hearing loss, which is a complete or almost complete loss of hearing caused by abnormalities in the inner ear. Other features of the disorder include weak muscle tone (hypotonia), impaired muscle coordination (ataxia), developmental delay, and intellectual disability. In early childhood, affected boys develop vision loss caused by degeneration of nerves that carry information from the eyes to the brain (optic nerve atrophy). They also experience loss of sensation and weakness in the limbs (peripheral neuropathy).

Boys with Arts syndrome also usually have recurrent infections, especially involving the respiratory system. Because of these infections and their complications, affected boys often do not survive past early childhood.

In females with Arts syndrome, hearing loss that begins in adulthood may be the only symptom.

Frequency

Arts syndrome appears to be extremely rare. Only a few families with this disorder have been described in the medical literature.

Genetic Changes

Mutations in the *PRPS1* gene cause Arts syndrome. The *PRPS1* gene provides instructions for making an enzyme called phosphoribosyl pyrophosphate synthetase 1, or PRPP synthetase 1. This enzyme is involved in producing purines and pyrimidines, which are building blocks of DNA, its chemical cousin RNA, and molecules such as ATP and GTP that serve as energy sources in the cell.

The *PRPS1* gene mutations that cause Arts syndrome replace single protein building blocks (amino acids) in the PRPP synthetase 1 enzyme. The resulting enzyme is probably unstable, reducing or eliminating its ability to perform its function. The disruption of purine and pyrimidine production may impair energy storage and transport in cells. Impairment of these processes may have a particularly severe effect on tissues that require a large amount of energy, such as the nervous system, resulting in the neurological problems characteristic of Arts syndrome. The reason for the increased risk of respiratory infections in Arts syndrome is unclear.

Inheritance Pattern

This condition is inherited in an X-linked pattern. The gene associated with this condition is located on the X chromosome, which is one of the two sex chromosomes. In males (who have only one X chromosome), a mutation in the only copy of the gene in each cell causes the disorder. In females (who have two X chromosomes), a mutation in one of the two copies of the gene in each cell sometimes causes features of the disorder; in other cases, these females do not experience any symptoms.

In the small number of Arts syndrome cases that have been identified, affected individuals have inherited the mutation from a mother who carries an altered copy of the *PRPS1* gene.

Other Names for This Condition

- ataxia-deafness-optic atrophy, lethal
- ataxia, fatal X-linked, with deafness and loss of vision

Diagnosis & Management

These resources address the diagnosis or management of Arts syndrome:

- GeneReview: Arts Syndrome
<https://www.ncbi.nlm.nih.gov/books/NBK2591>
- Genetic Testing Registry: Arts syndrome
<https://www.ncbi.nlm.nih.gov/gtr/conditions/C0796028/>
- MedlinePlus Encyclopedia: Hearing Loss
<https://medlineplus.gov/ency/article/003044.htm>
- MedlinePlus Encyclopedia: Movement, Uncoordinated
<https://medlineplus.gov/ency/article/003198.htm>
- MedlinePlus Encyclopedia: Optic Nerve Atrophy
<https://medlineplus.gov/ency/article/001622.htm>

These resources from MedlinePlus offer information about the diagnosis and management of various health conditions:

- Diagnostic Tests
<https://medlineplus.gov/diagnostictests.html>
- Drug Therapy
<https://medlineplus.gov/drugtherapy.html>
- Surgery and Rehabilitation
<https://medlineplus.gov/surgeryandrehabilitation.html>

- Genetic Counseling
<https://medlineplus.gov/geneticcounseling.html>
- Palliative Care
<https://medlineplus.gov/palliativecare.html>

Additional Information & Resources

MedlinePlus

- Encyclopedia: Hearing Loss
<https://medlineplus.gov/ency/article/003044.htm>
- Encyclopedia: Movement, Uncoordinated
<https://medlineplus.gov/ency/article/003198.htm>
- Encyclopedia: Optic Nerve Atrophy
<https://medlineplus.gov/ency/article/001622.htm>
- Health Topic: Degenerative Nerve Diseases
<https://medlineplus.gov/degenerativenervediseases.html>
- Health Topic: Optic Nerve Disorders
<https://medlineplus.gov/opticnervedisorders.html>

Genetic and Rare Diseases Information Center

- Arts syndrome
<https://rarediseases.info.nih.gov/diseases/8756/arts-syndrome>

Educational Resources

- Centers for Disease Control and Prevention: Intellectual Disability
https://www.cdc.gov/ncbddd/actearly/pdf/parents_pdfs/IntellectualDisability.pdf
- Disease InfoSearch: Arts Syndrome
<http://www.diseaseinfosearch.org/Arts+Syndrome/618>
- MalaCards: arts syndrome
http://www.malacards.org/card/arts_syndrome
- Orphanet: Lethal ataxia with deafness and optic atrophy
http://www.orpha.net/consor/cgi-bin/OC_Exp.php?Lng=EN&Expert=1187

Patient Support and Advocacy Resources

- American Foundation for the Blind
<http://www.afb.org/>
- Hearing Health Foundation
<http://hearinghealthfoundation.org/>

- National Association of the Deaf
<https://www.nad.org/>
- National Ataxia Foundation
<http://www.ataxia.org/>
- The Arc: For People with Intellectual and Developmental Disabilities
<http://www.thearc.org/>

GeneReviews

- Arts Syndrome
<https://www.ncbi.nlm.nih.gov/books/NBK2591>

Genetic Testing Registry

- Arts syndrome
<https://www.ncbi.nlm.nih.gov/gtr/conditions/C0796028/>

ClinicalTrials.gov

- ClinicalTrials.gov
<https://clinicaltrials.gov/ct2/results?cond=%22Arts+syndrome%22>

Scientific Articles on PubMed

- PubMed
<https://www.ncbi.nlm.nih.gov/pubmed?term=%28%28arts+syndrome%5BTIAB%5D%29+OR+%28disorders+of+purine+metabolism%5BTIAB%5D%29%29+AND+english%5Bla%5D+AND+human%5Bmh%5D+AND+%22last+3600+days%22%5Bdp%5D>

OMIM

- ARTS SYNDROME
<http://omim.org/entry/301835>

Sources for This Summary

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<https://www.ncbi.nlm.nih.gov/books/NBK2591>
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Citation on PubMed: <https://www.ncbi.nlm.nih.gov/pubmed/20380929>
Free article on PubMed Central: <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC2850427/>

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